

adambara & Zhim

Making ideas

Rain Stick

You will need:

- Tubes
- Wrapping paper
- Pipe cleaners / foil
- Scissors / selotape
- Rice/popcorn kernels

Twist a pipe cleaner or rumple up thin piece of aluminium foil and insert it into the tube. This acts as a barrier to keep the rice moving through the tube at a slow rate, making rainfall sound. Put a doubled-up piece of selotape over one end of the tube, and tape in place. Decorate with wrapping paper.



Elephant bread

Ingredients

- 1 cup (250 ml) milk
- 1/3 cup (80 ml) white sugar
- 1/3 cup (80 ml) butter
- 1 tablespoon (15 ml) active dry yeast
- 4 cups (1 litre) all-purpose flour
- Raisins
- 1/2 teaspoon (2 ml) salt
- 2 eggs
- 2 tablespoons (30 ml) vegetable oil

Method

In a small saucepan, combine milk, sugar and butter. Heat until barely warm to the touch, then remove from heat and stir in yeast. If the mixture is hot, let it cool to lukewarm, or the yeast will be killed and won't rise. Let mixture stand until foamy—about 10 minutes.

In a large bowl, stir flour and salt together. Mix in eggs, oil and yeast mixture. Beat until the dough pulls away from the sides of the bowl in a sort of ragged dough. Turn dough out onto a floured surface and knead until the dough is smooth, elastic and slightly shiny—about 10 mins.

Grease a large bowl with a tablespoon of oil. Put the dough in the bowl and coat it with the oil. Cover with a damp tea towel and let stand in a warm place (but not overly warm) until it doubles in size—about an hour. Don't let it over-rise, or the yeast will be exhausted and won't rise well during the second rising.

Punch down dough to release excess gas, and knead for about a minute. Shape dough as desired and let rise for 20 to 25 minutes until almost double again. Bake in a preheated 375° (190°C) oven for about 20 to 30 minutes, until top of bread is golden brown.

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Elephant mask

You will need:

- A paper plate
- Grey card
- Scissors / selotape / glue



Improvisation Dramatic Play

Take the children outside and play a game, such as Simon Says, Tag or King of the Mountain. However, instead of playing the traditional way, use a jungle animal in each one. For example, if they play tag, call out a jungle animal and everyone has to move and make noise like that animal while playing. Call out a different animal every few minutes. Instead of "Simon Says," make it "Birdie Says." The king of the mountain, of course, would be a lion, and all the other children would have to act like a specific animal when they challenge the lion.

Elephant Movement Activity

Choose one child to be an elephant. Lie down a long piece of string on the floor.

Recite the following rhyme:

One little elephant balancing - step-by-step on a piece of string.

He/she thought that it was so much fun - he called for another elephant.

The first elephant chooses another child to be an elephant and follow him balancing on the string.

Two little elephants balancing - step-by-step on a piece of string.

They thought that it was so much fun - they called on another elephant.

The activity continues until all of the children are balancing on the string.

Sand Table Jungle

Turn your sand table into a jungle.

Make a river down the middle using a wide blue ribbon. Place small pots of fern like plants in various places in the sand. Make a grassy area, using cut grass or hay. Place some large rocks around the table. Set out some plastic jungle animals. Let your children take turns placing the animals in their natural habitats.



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